



*Safer to Stay*

DPT-Led Safety Assessments & Aging-in-Place Guidance



## Home Safety & Aging-in-Place Guidance Before a Crisis Happens

Falls and injuries often feel sudden, but the risk usually builds quietly over time. Sometimes it's rushing, distraction, or a moment of poor judgment. Just as often, they happen because the home no longer matches the person living in it. Strength, balance, vision, routines, and confidence change over time while the environment often stays the same. Safer to Stay exists to help families notice those shifts earlier, so decisions can be made calmly, not in the middle of an emergency.

### **What Safer to Stay Is**

- A private-pay, consultative home safety assessment
- Led by a licensed Doctor of Physical Therapy
- Focused on real-life movement, routines, and home layout
- Designed to provide early clarity and informed next steps

### **What Safer to Stay Is Not**

- This is not physical therapy
- No diagnosis, treatment, or plan of care
- No selling of equipment or home services
- No obligation to start therapy, caregiving or medical care

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